



Affix Patient Label

Patient Name: _____ Date of Birth: _____

This information is given to you so that you can make an informed decision about having an **Ovarian Cystectomy**.

Reason and Purpose of the Procedure:

This procedure is done to take a cyst off the ovary. A cyst is a fluid-filled sac or pocket. This surgery can be done two ways. Your doctor may make a traditional incision (cut) through your lower belly. Your doctor may use a laparoscope. This involves several small incisions, or cuts, in your belly. The laparoscope and other tools will be inserted through the incisions in the belly. The tools are used to detach the cysts. They are removed from your body through the incisions.

There are different types of ovarian cysts. Most of them are benign (non-cancerous). The cysts will be sent for testing. This procedure can also lessen pain caused by the cyst.

Benefits of this surgery:

You might receive the following benefits. Your doctor cannot promise you will receive any of these benefits. Only you can decide if the benefits are worth the risk.

- Lessen pain
- Test the cyst
- Help make treatment decisions

Risks of Surgery:

No procedure is completely risk free. Some risks are well known. There may be risks not included in the list that your doctor cannot expect.

General risks of surgery:

- Small areas of the lungs may collapse. This would increase the risk of infection. This may need antibiotics and breathing treatments.
- Clots may form in the legs, with pain and swelling. These are called DVTs or deep vein thrombosis. Rarely, part of the clot may break off and go to the lungs. This can be fatal.
- A strain on the heart or a stroke may occur.
- Bleeding may occur. If bleeding is excessive, you may need a transfusion.
- Reaction to the anesthetic may occur. The most common reactions are nausea and vomiting. In rare cases, death may occur. The anesthesiologist will discuss this with you.

Risks of this surgery:

- During any part of the surgery, an organ in the lower belly can be damaged. This may need surgery.
- The cysts may return.

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- If the cyst is cancerous, the cancer may spread if the cyst breaks while being taken out.
- The fallopian tube may be damaged during the surgery. This can make it difficult to become pregnant.
- Incision sites can become infected. This may need antibiotics.
- The ovary may need to be removed.

Risks associated with smoking:

Smoking is linked to an increased risk of infections. It can also lead to heart and lung complications and clot formation.

Risks associated with obesity:

Obesity is linked to an increased risk of infections. It can also lead to heart and lung complications and clot formation.

Risks specific to you:

Alternative Treatments:

- Do nothing. You can decide not to have the surgery.
- Talk to your doctor about possible medications.

If you choose not to have this treatment:

- Your health care provider will continue to monitor your symptoms

General Information

During this procedure, the doctor may need to perform more or different procedures than I agreed to. During the procedure the doctor may need to do more tests or treatment.

Tissues or organs taken from the body may be tested. They may be kept for research or teaching. I agree the hospital may discard these in a proper way.

Students, technical sales people and other staff may be present during the procedure. My doctor will supervise them. Pictures and videos may be done during the procedure. These may be added to my medical record. These may be published for teaching purposes. My identity will be protected.

